

Seminar Programme Saturday 13th April

10:15 -
10:45

Seminar
Room 1

PANEL: SURROGACY BASICS - WHERE TO START

Surrogacy can be a very overwhelming way to start your own family. It is therefore all the more important to be as informed as possible and to make decisions that you feel comfortable with. We would like to provide guidance and answer questions such as: How does surrogacy work in general? What are the key milestones? Which supporters do I need along the way? And how can I make all these decisions?

10:45 -
11:15

Seminar
Room 2

SHARING MY IVF AND SURROGACY JOURNEY

Kirsten McLennan, Author of This is Infertility

I'll be sharing my six year infertility journey and everything I learned along the way. I'll also be reading an extract from my book 'This is Infertility' which will be available to be purchased on the day.



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WHERE IN THE WORLD? CHOOSING YOUR INTERNATIONAL SURROGACY DESTINATION

Nir Keren, Babies Come True International

Considering surrogacy journey abroad? Canada, USA, Latin America, Hybrid and more, Choosing a destination can be very overwhelming. Nir will share information, tips and guidance on how to design your journey and choose the right destination, what questions to ask and what are the things to take into consideration when going abroad. Nir will also share basic important information about these destinations.



11:45 -
12:15

Seminar
Room 2

CONSIDERATIONS IN SELECTING AN EGG AND SPERM DONORS FOR AUSTRALIAN FAMILIES

Tonya Canaday, Utah Fertility Center



12:15 -
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LEGAL CONSIDERATIONS FOR SURROGACY PROGRAMMS IN EUROPE AND SOUTH AMERICA

Amaya Iturbide, Gestlife



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IVF AND CUTTING EDGE TECHNOLOGY - DO THEY MAKE A DIFFERENCE, IVF TREATMENT ADD-ONS - WHAT ARE THEY AND DO WE NEED THEM?

Dr Russell Foulk, Utah Fertility Center
Dr Carrie Wambach, RPMG



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SAFE SURROGACY: 6 INSIDER TIPS TO AVOID SCAMS AND PITFALLS

Susan Kersch-Kibler, Delivering Dreams



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HOW TO IMPROVE IVF AND PREGNANCY OUTCOMES. FACTORS AFFECTING SUCCESS AND PROVIDING SOLUTIONS

Dr Anthony Marren, CREI, Genea



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TOP TIPS FOR SELECTING YOUR EGG DONOR AND SURROGATE

Embarking on the path to parenthood through egg donation and surrogacy involves crucial decisions that can shape the journey ahead. In this talk, attendees will gain invaluable insights into the key considerations for selecting the right egg donor and surrogate. From understanding personal preferences and fostering supportive relationships, this session offers expert tips to empower Intended Parents in making informed choices.

Jennifer Chang, ACRC



14:30 -
15:00

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WHAT YOU NEED TO KNOW BEFORE YOU GO - A GUIDE TO INTERNATIONAL FERTILITY OPTIONS FOR AUSTRALIANS

Ella McNamara, Fertility and Family



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SURROGACY FOR AUSTRALIANS

Find out about the options and processes for surrogacy within Australia, and for exploring surrogacy overseas and returning home with your baby.

Sarah Jefford OAM, Surrogacy & Donor Conception Legal Services



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HOW A PELVIC PHYSIO CAN HELP YOU GET PREGNANT

Pelvic Floor Muscle and how it contributes to pain - vaginismus or high tone or inactivity? Pelvic pain and dyspareunia. How pain plays out in the nervous system. Common symptoms we see in clinic, and misconceptions patients have about pelvic pain. ways to treat pelvic pain - breathwork, manual therapy, TENS, dilators, using different gadgets, and movement/ stretches

Winnie Wu, Papaya Clinic



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PANEL: SURROGACY DESTINATIONS AROUND THE WORLD

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HOW CAN FERTILITY YOGA SUPPORT YOUR TTC JOURNEY

Jennifer is a Yoga, Pilates, Meditation & Breathwork teacher who specialises in fertility & women's health. During a long & difficult fertility journey of her own, Jennifer eventually found the practice of Fertility Yoga. This practice was able to ease her anxiety while TTC, relieve chronic insomnia, re-balance a thyroid condition...and eventually it helped her to fall pregnant naturally. She now runs an online business, Element Pilates & Yoga, helping women all over the world to overcome fertility challenges & find their way to motherhood.

Jennifer Edmonds, Element Pilates and Yoga



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Room 2

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LEGAL CONSIDERATIONS FOR SURROGACY PROGRAMMES IN THE US

Designed for intended parents beginning their surrogacy journey, this speech will provide invaluable guidance on navigating the complex landscape of surrogacy while safeguarding against potential risks and challenges. From researching reputable agencies to prioritizing emotional well-being, attendees will gain practical insights and actionable tips to ensure a safe and fulfilling surrogacy experience. Don't miss this opportunity to empower yourself with the knowledge and confidence needed to embark on your surrogacy journey with peace of mind.

Alex Monk, Klein Fertility Law



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EMBRYO GRADING & EMBRYOLOGY LAB EXPLAINED

Dr Carrie Wambach, RPMG



Seminar
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TIPS TO ENSURE A SAFE AND FULFILLING SURROGACY EXPERIENCE

Brooke Kimbrough, Roots Surrogacy



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UNDERSTANDING MALE FERTILITY

Dr Russell Foulk, Utah Fertility Center



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LOOKING FOR ALTERNATIVE SURROGACY LOCATIONS WHEN UNDER FINANCIAL CONSTRAINTS

Candace Wilson, Extraordinary Conceptions



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SUPPORTING THOSE WHO ARE DEALING WITH RECURRENT FERTILITY CHALLENGES, INCLUDING MISCARRIAGE

Danielle Mortlock, Pink Elephants



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LEGAL CONSIDERATIONS IN SELECTING A JURISDICTION - INTENDED PARENTS CITIZENSHIP AND ALTRUISTIC VS COMMERCIAL SURROGACY.

Paul Norris-Ongso, Global Surrogacy



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14:30 -
15:00

MENTAL HEALTH IMPACT OF FERTILITY ISSUES

An interesting tidbit re: mental health and infertility is that there is no correlation between "stress" and not falling pregnant. So all the guilt (and stress) that women feel, thinking that not being able to be "unstressed" over something so stressful as infertility, could be the reason they are not falling pregnant...is not even true! Even though it is considered, by laypeople and professionals alike to be correlated. I could include things like this? Other ideas, off the top of my head are things like navigating social situations such as baby showers and well meaning people asking "so when are you going to have children?" It's also worth including how infertility affects male partners. And, depending on your audience demographics, the impact of social infertility.

Katrina Hale, Psychologist



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BOOSTING FERTILITY NATURALLY WITH HOMEOPATHY AND SUPPLEMENTS

Danielle is a Homeopathic Practitioner with a keen interest in fertility. She enjoys using a holistic approach, blending homeopathic medicine, supplements and personalised diet and lifestyle guidance to assist couples on their fertility journey. As a mother of 2 young children, Danielle understands that the journey to parenthood can be emotionally, mentally and physically draining and offers the highest level of care and support. The changes and transformations couples experience in the fertility program is a miracle to witness and drives Danielle's passion.

Danielle de Bruin, Wildly Well Store



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